

STRENGTH PINS-SELECTED



HARCO



ZEN SERIES

20

45



SRTY01
CHEST PRESS

Weight: 252kg
Size: 1550 × 1500 × 1630mm
Packing Size: 1720 × 1120 × 700mm
Weight Stack: 100kg



SRTY02
SHOULDER PRESS

Weight: 267kg
Size: 1980 × 1450 × 1630mm
Packing Size: 1620 × 1120 × 530mm
Weight Stack: 100kg



SRTY03
ROWING MACHINE

Weight: 240kg
Size: 1330 × 1340 × 1630mm
Packing Size: 1620 × 1120 × 530mm
Weight Stack: 100kg



SRTY04
PEC FLY / REAR DELT

Weight: 274kg
Size: 1490 × 1340 × 2080mm
Packing Size: 2120 × 1120 × 570mm
Weight Stack: 80kg



SRTY05
BICEPS CURL

Weight: 220kg
Size: 1360 × 1160 × 1630mm
Packing Size: 1620 × 1120 × 530mm
Weight Stack: 80kg



SRTY06
TRICEPS PRESS

Weight: 223kg
Size: 1400 × 1160 × 1630mm
Packing Size: 1620 × 1120 × 530mm
Weight Stack: 80kg



SRTY07
LATERAL RAISE

Weight: 237kg
Size: 1340 × 1320 × 1630mm
Packing Size: 1820 × 1120 × 700mm
Weight Stack: 80kg



SRTY08
LAT PULLDOWN

Weight: 286kg
Size: 1720 × 1580 × 1830mm
Packing Size: 1620 × 1170 × 510mm
Weight Stack: 100kg



SRTY09
LOW ROW

Weight: 230kg
Size: 1760 × 1080 × 1630mm
Packing Size: 1820 × 1120 × 700mm
Weight Stack: 100kg



SRTY10
ABDOMINAL CRUNCH

Weight: 227kg
Size: 1420 × 1130 × 1630mm
Packing Size: 1620 × 920 × 470mm
Weight Stack: 80kg



SRTY11
BACK EXTENSION

Weight: 232kg
Size: 1430 × 1170 × 1630mm
Packing Size: 1620 × 920 × 510mm
Weight Stack: 100kg



SRTY12
ROTARY TORSO

Weight: 252kg
Size: 1120 × 1390 × 1630mm
Packing Size: 1620 × 1120 × 510mm
Weight Stack: 80kg



SRTY13
LEG EXTENSION

- Weight: 279kg
- Size: 1320 × 1270 × 1630mm
- Packing Size: 1620 × 1120 × 510mm
- Weight Stack: 100kg



SRTY14
SEATED LEG CURL

- Weight: 298kg
- Size: 1660 × 1280 × 1630mm
- Packing Size: 1620 × 1120 × 510mm
- Weight Stack: 100kg



SRTY15
PRONE LEG CURL

- Weight: 257kg
- Size: 1630 × 1120 × 1630mm
- Packing Size: 1620 × 1120 × 510mm
- Weight Stack: 100kg



SRTY16
LEG PRESS

- Weight: 357kg
- Size: 1980 × 1220 × 1630mm
- Packing Size: 1820 × 1120 × 700mm
- Weight Stack: 100kg



SRTY17
SEATED CALF

- Weight: 252kg
- Size: 1340 × 1120 × 1630mm
- Packing Size: 1620 × 920 × 450mm
- Weight Stack: 100kg



SRTY18
REAR KICK

- Weight: 222kg
- Size: 1350 × 1000 × 1630mm
- Packing Size: 1620 × 1120 × 530mm
- Weight Stack: 100kg



SRTY19
INNER THIGH

Weight: 234kg
Size: 1320 × 1500 × 1630mm
Packing Size: 1620 × 1120 × 570mm
Weight Stack: 80kg



SRTY20
OUTER THIGH

Weight: 229kg
Size: 1320 × 1400 × 1630mm
Packing Size: 1620 × 1120 × 570mm
Weight Stack: 80kg



SRTY24
DIP/CHIN ASSIST

Weight: 332kg
Size: 1570 × 1230 × 2250mm
Packing Size: 2350 × 1170 × 580mm
Weight Stack: 100kg



SRTY25
SEATED LEG CURL / EXTENSION

Weight: 294kg
Size: 1720 × 1250 × 1630mm
Packing Size: 1620 × 1120 × 720mm
Weight Stack: 100kg



SRTY26
BICEP/TRICEP

Weight: 232kg
Size: 1520 × 1190 × 1630mm
Packing Size: 1620 × 1120 × 530mm
Weight Stack: 80kg



SRTY27
ABDUCTOR/ADDUCTOR

Weight: 244kg
Size: 1450 × 1330 × 1630mm
Packing Size: 1620 × 1120 × 570mm
Weight Stack: 80kg



SRTY28
PRONE LEG CURL/LEG EXTENSION

Weight: 264kg
 Size: 1260 × 1860 × 1630mm
 Packing Size: 1620 × 1120 × 570mm
 Weight Stack: 100kg



SRTY29
SHOULDER PRESS/SEATED CHEST PRESS

Weight: 277kg
 Size: 1500 × 1970 × 1630mm
 Packing Size: 2120 × 1120 × 570mm
 Weight Stack: 100kg



SRTY30
LAT PULLDOWN/LOW ROW

Weight: 286kg
 Size: 1860 × 1660 × 2080mm
 Packing Size: 2220 × 1120 × 470mm
 Weight Stack: 100kg



SRTY31
ABDOMINAL CRUNCH/LOW BACK

Weight: 227kg
 Size: 1420 × 1200 × 1630mm
 Packing Size: 1620 × 1120 × 530mm
 Weight Stack: 80kg



SRTY32
MULTI HIP

Weight: 227kg
 Size: 1200 × 1060 × 1630mm
 Packing Size: 1620 × 1120 × 730mm
 Weight Stack: 80kg

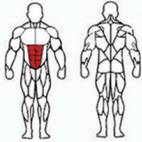


SRTY33
LAT PULLDOWN

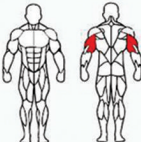
Weight: 261kg
 Size: 1600 × 1660 × 2080mm
 Packing Size: 2220 × 1120 × 470mm
 Weight Stack: 100kg



SRTY35
 ABDOMINAL
 Weight: 245kg
 Size: 1420 × 1350 × 1630mm
 Packing Size: 1720 × 1120 × 1020mm
 Weight Stack: 100kg




SRTY36
 SEATED DIP
 Weight: 240kg
 Size: 1430 × 1200 × 1630mm
 Packing Size: 1720 × 1120 × 570mm
 Weight Stack: 80kg



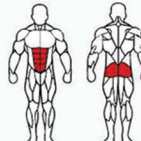

SRTY37
 CHEST PRESS
 Weight: 230kg
 Size: 1445 × 1445 × 1630mm
 Packing Size: 1720 × 1120 × 680mm
 Weight Stack: 100kg




SRTY38
 PEC FLY / REAR DELT
 Weight: 250kg
 Size: 1915 × 1160 × 2045mm
 Packing Size: 2120 × 1120 × 570mm
 Weight Stack: 100kg




SRTY39
 HIP GLUTE
 Weight: 243kg
 Size: 1560 × 1535 × 1630mm
 Packing Size: 1820 × 870 × 600mm
 Weight Stack: 100kg



ZEN SERIES

Contact :

(+91) 88704 55075,

(+91) 88704 51515.



WEBSITE



WHATSAPP

Address :

3/289-N, Thattagadu Thottam, Paruvai, Coimbatore, Tamilnadu - 641 658.

fitnessfactorycbe@gmail.com www.harcoindia.in